



Santhi Family Counselling And Personality Development Centre
Santhinilayam, Kumaranalloor PO, Kottayam.

**“Personality Development Workshop On
Psychosocial Integration of Adolescents”.**

Venue: Mary Mount Public School & Junior College.

Place: Kattachira, Vettimukal, Kottayam.

10th July 2019

PROGRAMME CHART

8.30. Registration & Inauguration of the Workshop.

Inauguration : Rev. Sr. Lizy Sebastian, Principal, Mary Mount Public School & Junior College)

9.00 to 10.00 Session 1-Introduction and Goal Setting

Fr. Sunny Mathew SJ, the Director, Santhi FCPDC)

10.00 to 10.15 Tea Break

10.15 to 11.15 Session 2- Gp 1.Personality Development

(Adv.Dr.M A Babu, MSc, LLB, PhD)

Gp 2. Interpersonal Relationship

(Prof. Susan Thomas, MA, B.Ed, MSc CFT)

11.15 to 12.30. Session -3. Gp 2. Personality Development

(Adv.Dr.. M A BABU, MSC, LLB, PhD)

Gp 1. Interpersonal Relationship

(Prof. Susan Thomas, MA, BEd, MSc CFT)

12.30-100 pm. Lunch Break

100 pm.to 2.00 Session 4. Gp 1. Addictions In Adolescents

(Adv.Dr.M A Babu, MSc, LLB, PhD)

Gp-2. Self-confidence

(Prof. Susan Thomas, MA, BEd, MSc CFT)

2.00 to 3.15. Session 5. Gp-1. Time Management and Communication Skills.

(Fr. Sunny Mathew SJ)

Gp-2. Addictions In Adolescents

(Adv.Dr.M A Babu, MSc, LLB, PhD)

3.15 to 4.30 Session -6. Gp-1. Self confidence

(Prof. Susan Thomas, MA, BEd, MSc CFT)

Gp-2. Time Management and Communication Skills

(Fr. Sunny Mathew SJ)

4.30- 5.00 Session -7. Evaluation and Concluding Ceremony

(Adv.Dr.M A Babu, MSc, LLB, PhD)

Good Bye